

HEART ATTACK vs. CARDIAC ARREST



CIRCULATION

A blockage or narrowing of the coronary artery, cuts off or reduces blood flow to the heart, causing damage due to lack of oxygen.



ELECTRICAL

The heart stops beating abruptly, either from a malfunction in the heart's electrical system, or another sudden change in the circulatory system.



SYMPTOMS



MAY OCCUR
HOURS OR DAYS BEFORE
SYMPTOMS ARE RECOGNIZED

- Chest Pain
- Fatigue
- Weakness
- Nausea
- Difficulty Breathing

MAY OCCUR
MOMENTS BEFORE
LOSS OF CONSCIOUSNESS & COLLAPSE

- Collapse
- Unconscious
- Not Breathing
- No Pulse



TAKE ACTION

UNTIL HELP ARRIVES



Every minute matters! Whether you suspect it's cardiac arrest or a heart attack, the FIRST STEP is always to call 911 or other emergency number.

WHAT TO DO WHEN YOU SUSPECT HEART ATTACK

CALL 911

or other emergency number

CHEW & SWALLOW ASPIRIN

unless allergic or told not to by a doctor

TAKE NITROGLYCERIN

If you think you're having a heart attack, take it as prescribed. *If you're NOT prescribed nitroglycerine, do NOT take someone else's.*

WHAT TO DO WHEN YOU SUSPECT CARDIAC ARREST

CALL 911

or other emergency number

START CPR

look for classes near you:

AcuteRescue.com

USE AN AED

(Automated External Defibrillator)
if there is one nearby.

